



WESTON FAVELL ACADEMY

APPENDIX 1: Delivery of Relationships & Sex Education

Year 7 – Friendships, respect & relationships – Summer 2

- Component 1- **Consent & Boundaries**
- Component 2- **Respect and relationships**
- Component 3- **What makes a good friend?**
- Component 4- **Friendships & self esteem**
- Component 5- **Pressure & influence**
- Component 6- **What does it mean to be a man?**

Year 8 – Identity, Relationships & Sex education - Summer 2

- Component 1- **Introduction to relationships & sex education**
- Component 2- **Healthy relationships**
- Component 3- **Dealing with conflict**
- Component 4- **Sexual orientation**
- Component 5- **Gender identity**
- Component 6- **Introduction to contraception**
- Component 7- **What is love (periods & menstrual cycle)**

Year 9 – Sex, The Law and Consent - Summer 1

- Component 1- **Sexual consent & the law**
- Component 2- **FGM & the law**
- Component 3- **Delaying sexual activity**
- Component 4- **Where have sex?**
- Component 5- **Relationships & partners**
- Component 6- **Pleasure & masturbation**
- Component 7- **What are STIs?**

Year 9 – Contraception & STIs - Summer 2

- Component 1- **STI lesson**
- Component 2- **Contraception available**
- Component 3- **The condom lesson**
- Component 4- **Exploring the realities of contraception**
- Component 5- **Sexual harassment & stalking**
- Component 6- **HIV & AIDs**
- Component 7- **AIDs – prejudice & discrimination**

Year 10 Exploring Relationships and Sex Education - Summer 2

- Component 1- **Campaigning against FGM**
- Component 2- **Sexting nudes**
- Component 3- **Porn life vs Real life**
- Component 4- **Porn materials & attributes**
- Component 5- **Domestic abuse & violence**
- Component 6- **Sexual violence (assault & rape)**
- Component 7- **Sexualisation of the media**

Year 11 – Sexual Health – Spring 4

- Component 1- **Child on child bullying**
- Component 2- **Fertility & what impacts it**
- Component 3- **Alcohol & bad choices**
- Component 4- **Important of sexual health**
- Component 5- **What support is available to me? Pregnancy or STI's**
- Component 6- **Respect & relationships**